

## Information sheet for customer

# Tsumura-Kampo Mashininganryo [麻子仁丸料]

## Extract Granules

【Category 2 OTC medicines】

### INDICATIONS

Following symptoms in persons with moderate or weaker physical strength whose stool is hard and clumpy:

Constipation, and symptoms associated with constipation such as headache dull, hot flash, eczema, dermatitis, rash (acne), anorexia (decreased appetite), abdominal distension, abnormal intestinal fermentation or hemorrhoid.



### ! CAUTION FOR USE

#### ●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

1. This medication should not be used in combination with the following medications:

Other cathartic agents.

2. Women who are nursing should not take this medicine. If those women take it, avoid breast feeding.

#### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.

(1) Persons undergoing medical treatment from a physician.

(2) Pregnant women or women suspected of being pregnant.

(3) Persons with weak stomach and intestine who have a tendency to diarrhea.

2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Gastrointestinal system	Diarrhea with severe abdominal pain, abdominal pain

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you: diarrhea

4. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for 5 to 6 days. Take this leaflet with you.

## DOSAGE

Take the following dosages with water or warm water before or during a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet(1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

## INGREDIENTS

2 packets (3.75 g) of this medicine contain 1.125 g of Mashininganryo extract of the following mixed crude drugs;

JP Hemp Fruit	2.5 g
JP Rhubarb	2.0 g
JP Immature Orange	1.0 g
JP Apricot Kernel	1.0 g
JP Magnolia Bark	1.0 g
JP Peony Root	1.0 g

(JP : The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.  
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



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