

Information sheet for customer

Tsumura-Kampo Shakuyakukanzoto[芍薬甘草湯] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptoms in persons who have pain accompanying acute muscle spasms. This medicine can be applied to everyone regardless of physical performance: Cramp, muscle spasms, abdominal pain, and lower back pain.



! CAUTION FOR USE

●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

1. Following persons should not take this medicine:

Persons diagnosed as having a following disease: heart disease

2. Take this medicine only when you are having symptoms. Do not take it continuously.

●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.

- (1) Persons undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Elderly persons.
- (4) Persons with the following symptoms: edema.
- (5) Persons diagnosed as having the following: hypertension, kidney disease.

2. In very rare cases, the following symptoms may be serious adverse reactions to this medication.

If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor. Take the instruction leaflet with you.

Symptoms' name	Symptoms
Interstitial pneumonia	When go upstairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough, and fever will appear. They will appear suddenly and persist.
Pseudohyperaldosteronism, myopathy	In addition to listlessness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually worsen.
Congestive heart failure, ventricular tachycardia	Whole body tiredness, palpitations, shortness of breath, chest discomfort, chest pain, dizziness and faint may appear.
Hepatic function failure	Following symptoms appear: fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for 5 to 6 times. Take this leaflet with you.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 1.25 g of Shakuyakukanzoto extract of the following mixed crude drugs;

JP Glycyrrhiza	3.0 g
JP Peony Root	3.0 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



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