Information sheet for customer

Tsumura-Kampo Ryokeijutsukanto [苓桂朮甘湯] Extract Granules

[Category 2 OTC medicines]

INDICATIONS

Following symptoms in persons with moderate or poor physical strength who have dizziness and light-headedness, and sometimes experience hot flashes and/or palpitation: Syncope, dizziness, headache, ear noise, palpitations, shortness of breath, neurosis, and mental irritability.



! CAUTION FOR USE

Who should seek consultation

- 1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Elderly persons.
 - (4) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
 - (5) Persons with the following symptoms: edema.
 - (6) Persons diagnosed as having the following: hypertension, heart disease, kidney disease.
- 2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Pseudoaldosteronism,	In addition to listlessness, stretched feeling, and stiffness of
myopathy	hands and feet, feeling of weakness and muscular pain will
	appear and gradually worsen.

- 3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.
- 4. If you take this medicine regularly for a long periods, consult a physician, pharmacist or registered distributor.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet(1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 0.75 g of Ryokeijutsukanto extract of the following mixed crude drugs:

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JP Poria Sclerotium	3.0 g
JP Cinnamon Bark	2.0 g
JP Atractylodes Lancea Rhizome	1.5 g
JP Glycyrrhiza	1.0 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate, Sucrose Esters of Fatty Acids.

PRECAUTIONS FOR STRAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.

