

## Information sheet for customer

# Tsumura-Kampo Shofusan[消風散] Extract Granules

【Category 2 OTC medicines】

## INDICATIONS

Following symptoms in persons with moderate or more physical strength who have itchy skin disease with severe exudation that sometimes accompanies local feverish feeling: Eczema/dermatitis, rash, athlete's foot, and heat rash.



## ! CAUTION FOR USE

### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Persons who is physically weak (declining of strength or constitutional weakness).
  - (4) Persons with weak stomach and intestine who have a tendency to diarrhea.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

| Related areas           | Symptoms  |
|-------------------------|---|
| Gastrointestinal system | Loss of appetite, gastric distress, abdominal pain. |

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you: diarrhea
4. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.
5. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms may make progress after taking this medicine. Take this leaflet with you.

## DOSAGE

Take the following dosages with water or warm water before a meal.

| Age               | One dosage        | Daily dosage  |
|-------------------|-------------------|---------------|
| 15 years and over | 1 packet(1.875 g) | 2 times a day |
| 7-14 years        | 2/3 packet        |               |
| 4-6 years         | 1/2 packet        |               |
| 2-3 years         | 1/3 packet        |               |
| Less than 2 years | Do not use        |               |

[Cautions] This medication should be given to children only under adult supervision

## INGREDIENTS

2 packets (3.75 g) of this medicine contain 2.0 g of Shofusan extract of the following mixed crude drugs;

|                                |        |
|--------------------------------|--------|
| JP Rehmannia Root              | 1.5 g  |
| JP Gypsum                      | 1.5 g  |
| JP Japanese Angelica Root      | 1.5 g  |
| JP Burdock Fruit               | 1.0 g  |
| JP Atractylodes Lancea Rhizome | 1.0 g  |
| JP Saposhnikovia Root          | 1.0 g  |
| JP Akebia Stem                 | 1.0 g  |
| JP Sesame                      | 0.75 g |
| JP Anemarrhena Rhizome         | 0.75 g |
| JP Glycyrrhiza                 | 0.5 g  |
| JP Sophora Root                | 0.5 g  |
| JP Schizonepeta Spike          | 0.5 g  |
| Cicada Slough                  | 0.5 g  |

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate, Sucrose Esters of Fatty Acids.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.  
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



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